

Queensland Race Walking Club Inc.

Building on a fine tradition of race walking, 69 years in the making.



May 16th 2024

Simon Hollingsworth new CEO of Athletics Australia.

The Board of Athletics Australia has announced Simon Hollingsworth as its new CEO. Officer.

A dual Australian Olympian and Rhodes Scholar, Hollingsworth becomes the first Olympic track and field athlete to occupy the Athletics Australia CEO role, and brings a wealth of experience in sports administration, strategy, governance, commercial and financial management skills to the position.

Widely respected for his strategic and administrative skills, Hollingsworth's distinguished career includes ten years as a CEO with the Australian Sports Commission and more recently the Magistrates' Court of Victoria.

Additionally, his background features more than 12 years in government central agencies including as Deputy Secretary at the Victorian Treasury, where he was responsible for overseeing delivery of the Victorian Budget and broader public sector financial management.

Athletics Australia President Jane Flemming said she was thrilled to be welcoming a CEO of his calibre as Australian athletics continues its journey towards the Brisbane 2032 Olympic and Paralympic Games. She said Simon was selected from an outstanding field of candidates and his appointment is a testament to his proven leadership abilities, his understanding of sport and Athletics and his robust management skills. His strategic mindset and commitment to excellence make him the right person to lead our organisation forward as we continue down the road to the Brisbane 2032 Games."

Flemming also acknowledged the work of incumbent CEO Peter Bromley, who will work with Hollingsworth to ensure a smooth transition into the role.

Hollingsworth will commence in the role in July.

Oceania Athletics Championships / Oceania Masters Athletics Championships **June 1-8th Fiji**

As well as the Oceania Athletics Championship in Fiji the 2024 Oceania Masters Athletics Championships will also be conducted in Suva with the Championships to run from Saturday 1st June until Saturday June 8th.

The 2024 Edition will be held alongside the Area Championships for Senior, U18 and Para Athletes, making it a truly inclusive championships, something that is not replicated anywhere else in the world.

Ocean Masters Athletics

Brenda Gannon, Jasmine Blackburn & Dash Newington will be flying the flag for Queensland at these Championships.

Sunday June 2nd 10km Road Walk

Tuesday June 4th 3,000 metre Track Walk

Friday June 7th 5,000 metre Track Walk

Oceania Area Athletics Championships

Congratulation to our four QRWC members who have been selected in the Australian team Representing Australia.in the walks will be

Bailey Housden U18 Men 5000m walk.

Milly Sharpe U18 Women's 5000m walk

Tayla Billington Open Women's 10,000m walk.

In the Regional Australian team is Alex Bradley in the Open Men's 10 000m walk.

Sunday June 2nd Open 10km Road Walk

Friday June 7th U18 5,000 Track Walk

AA report

"Australia will look to assert its authority as the premier athletics country in the region, when a contingent of 217 of the country's established and emerging stars descend upon Suva, Fiji for one of the most important opportunities on the calendar - the 2024 Oceania Athletics Championships.

THIS WEEK

Where; John Frederick Park, Capalaba, 2-14 Old Cleveland Road, Capalaba

Handicap #3 Sunday May 19th

John Frederick Park, Capalaba

7.30am A Grade M 15km

A Grade W 10km

B Grade 8km

8.00am E Grade 2km

F Grade 1km

8.15am C Grade 5km

D Grade 3km

Note: The 7.30am start races i.e., 8km, 10km & 15km will use the 2km loop. All other races will use the 1km loop

ENTER HERE NOW

[QRWC Handicap #3 Sunday May 19th - Old Race Walking Club - revolutioniseSPORT](#)

NEXT WEEK

Where; Aurora Park, North Lakes, Expedition Drive, North Lakes

Handicap #4 Sunday May 26th

Aurora Park , North Lakes

8.00am A Grade 10km

8.15am E Grade 1km

F Grade .5km
 8.30am B Grade 5km
 8.45am C Grade 3km
 D Grade 2km

ENTER HERE NOW

[QRWC Handicap #4 Sunday May 26th - Old Race Walking Club - revolutioniseSPORT](#)



Please put your hand up to help run the club and our weekly meets

COMING UP

Handicap #5 Sunday June 2nd

John Walker Place, Brisbane Corso, Yeronga

8.00am A Grade 10km
 8.15am E Grade 1.5km
 F Grade 1km
 8.30am B Grade 5km
 8.45am C Grade 3km
 D Grade 2km

Winter Calendar Alert

Queensland Athletics have indicated that they are now looking at conducting the QA Road Walk Championships on the same weekend as the Cross-Country Championships. That would mean Sunday July 28th. This was the day we have scheduled the QRWC Track Championships. Once QA

| MONTH | DATE | EVENT | VENUE | TIME |
|--------------|--------------|----------------------------------------|----------------------------|---------------|
| March | 3 | | | |
| | 9-10 | QMA Track Championships | SAF | |
| | 14-17 | QA Track Championships | Main Track QSAC | |
| | 22-24 | QLAA State Championships | QSAC | |
| | 29 -1 | AMA National Championships | Hobart | |
| | 31 | Easter Sunday | No competition | |
| April | 7 | QRWC Sign On Meet /AGM | Kalinga Park | |
| | 11-19 | AA U14-Open Track Championships | Adelaide SA | |
| | 14 | No Club Competition | | |
| | 21 | QRWC Handicap Meet 1 | Beenleigh | 8.00am |
| | 28 | QRWC Handicap Meet 2 | Yeronga | 8.00am |
| May | 5 | Gold Coast Championships | Mudgeeraba | 8.00am |
| | 12 | Mother's Day | No club competition | |
| | 19 | QRWC Handicap Meet 3 | Capalaba | 7.30am |
| | 26 | QRWC Handicap Meet 4 | North Lakes | 8.00am |
| June | 2 | QRWC Handicap Meet 5 | Yeronga | 8.00am |
| | 9 | LBG Federation Meet | Mt Stromlo Canberra | |

| | | | | |
|-----------|----|-------------------------------------|---------------------|--------|
| | 16 | QRWC Handicap Meet 6 | Mudgeeraba | 8.00am |
| | 23 | QRWC Handicap Meet 7 | Kalinga Park | |
| | 30 | QRWC Handicap Meet | TBA | |
| July | 7 | Gold Coast Marathon | Southport | |
| | 14 | RWA Postal Challenge | Beenleigh | |
| | 21 | QRWC Handicap Meet | TBC | |
| | 28 | QRWC Track Championships | UQ St Lucia | |
| August | 4 | QA Road Walk Championships | TBC | |
| | 11 | QRWC Handicap Meet | TBC | |
| | 18 | QRWC Club Championships | Beenleigh | |
| | 25 | 2 nd RWA Federation Meet | Melbourne | |
| September | 1 | Father's Day | No Club Competition | |
| | 8 | Relay/BBQ/Trophy Day | Sandgate Lagoon | |
| | 15 | | | |
| | 22 | | | |

QRWC Uniforms

Wearing a club uniform at our club meets is desirable but not compulsory. All Race Walking Australia event competitors **MUST** wear the uniform of their Club, as registered with Race Walking Australia. Failure to do so may result in disqualification.

IMPORTANT UNIFORM INFORMATION

If you are planning on going to Canberra, please make plans now to purchase a club uniform (please check that your current uniform still fits). If the club does not have your size in stock it can take up to 6 weeks to get them custom made. Avoid disappointment of a last minute panic and contact the Uniform shop today.

[Shop - Qld Race Walking Club - revolutioniseSPORT](#)

57th ANNUAL LAKE BURLEY GRIFFIN WALKING CARNIVAL



RACE WALKING
AUSTRALIA
AUSTRALIAN FEDERATION
OF RACE WALKING CLUBS

SUNDAY 9TH JUNE 2024 – STROMLO FOREST PARK CANBERRA

Entries now open.

Venue

The venue for all events is Stromlo Forest Park, Opperman Avenue / Dave McInness Road. There are women's and men's toilets & showers located in the centre of the building near the track, and ample car parking.

Please note there is now a charge for parking which is a maximum of \$3.90. All parking funds are reinvested back into the facility.

Course

All events will be conducted on a certified 1kilometre circuit on the cycling criterium track affording the walkers a smooth surface with a minimal rise at one end, and spectators a view of the walkers for most of the course.

Entry Requirements

The fitness walks are open to all, but participants in the race walking events must be members of a club affiliated with Race Walking Australia or an overseas World Athletics affiliated athletic club.

Events

Note that the 35km race walking and U20 10km events will be recognised as World Athletics Bronze Level events, and may be used for World Athletics points/ qualifying purposes.

| No. | Event | Start Time | Handicap Base Time |
|-----|--------------------------------------------------------|------------|-----------------------------------|
| 1 | Robin Whyte Classic Men 35 km | 8.00am | 127mins |
| 2 | Val Chesterton Classic Women 35km | 8.00am | 127mins |
| 3 | ACT Fitness 35 km | 8.00am | Non Hcp/Judged contact only |
| 4 | RWA Open Women's 15 km | 8.00am | 69 mins-Includes RWA Masters 15km |
| 5 | RWA Open Men's 15 km | 8.00am | 65 mins-Includes RWA Masters 15km |
| 6 | ACT Fitness 15 km | 8.00am | Non Hcp/Judged contact only |
| 7 | ACT Fitness 8 km | 9.00am | Non Hcp/Judged contact only |
| 8 | Athletics ACT/ RWA Men's U20 10 km | 10.30am | 42 mins |
| 9 | ACT Open (Over 19 years) 10 km | 10.30am | Non Handicap Event |
| 10 | Athletics ACT/RWA Women's U20 10 km | 10.30am | 47 mins |
| | PRESENTATIONS EVENTS 1 -10 & SPECIAL AWARDS | | 11.45am- 12.15pm |
| 11 | RWA Boys Under 10 1 km | 12.15pm | 4 mins 30 secs |
| 12 | RWA Girls Under 10 1km | 12.15pm | 4 mins 30 secs |
| 13 | RWA Boys Under 12 2km | 12.25 pm | 9 mins 20 secs |
| 14 | RWA Girls Under 12 2km | 12.45 pm | 9 mins 20 secs |
| 15 | RWA Boys Under 14 2km | 1.05 pm | 9 mins 20 secs |
| 16 | RWA Girls Under 14 2km | 1.25 pm | 9 mins 20 secs |
| 17 | RWA Boys Under 16 3km | 1.45 pm | 13 mins |
| 18 | RWA Girls Under 16 3km | 2.10 pm | 13 mins |
| 19 | RWA Boys Under 18 5km | 2.40 pm | 22 mins |
| 20 | RWA Girls Under 18 5km | 2.40 pm | 23 mins |
| 21 | RWA Women's Open 5km | 3.10pm | 20 mins |
| 22 | RWA Men's Open 5km | 3.10pm | 20 mins |
| | PRESENTATIONS EVENTS 11 - 22 | 4.00 pm | |

NOTES:

Events 1, 2, 4, 5, 8, 10 and 11 to 22 inclusive are Race Walking Australia (Federation) individual and team events.

Events 4, 5, 21 & 22 incorporate a Race Walking Australia Master's individual competition. Minimum age for participants in the 15 & 35 kilometres events is 16 years.

AGE for all events is age on the day but to be eligible for World Athletics recognition u20 walkers must be born in 2005 or later.

If events are held concurrently, walkers may only enter ONE of the events on offer.

Entries

Entries will close at 5pm Wednesday 22nd May 2024.

Late Entries will close at 5pm Wednesday 29th May 2024. Late Entries will be charged an additional \$20 per event.

Enter Here [entry portal](#). This applies to both race walks and fitness walks.

Entry Fees

Entries by 5pm Wednesday 22nd May 2024 \$35 per event

Entries by 5pm Wednesday 29th May 2024 \$55 per event

Coaching Clinic with Jared Tallent

Jared Tallent, is Australia's most successful male track and field Olympic athlete, will be conducting a coaching clinic on Saturday 8th June at Stromlo Forest Park from 2:30pm. Jared will be showing some of his favourite drills and tips, and will bring his Olympic medals for us to see.

Dinner Sunday Night

ACT Race and Fitness Club invite you to join us for dinner on Sunday 9th June at the [Statesman Hotel](#), Corner Strangway and Theodore St Curtin ACT from 6pm . It will be on a pay on the night basis, with a limited main menu. To ensure we have enough tables and chairs for everyone please indicate in the entry system the number of people you intend to bring.

Volunteers

To ensure we can conduct the carnival we will need lots of help from volunteers. Your club will be in touch to see how you can assist. Some of the roles we will need include:

Announcer , start line coordinator/assistant, starter, finish line marshals, finish line recorders, red card collectors, results assistant, water table assistant, officials & volunteers welfare, presentation assistants.

Canteen

A canteen **WILL** be operated by ACT Race and Fitness Walking Club. There will be a BBQ and drinks available. Coffee will be available from the Handlebar Café located adjacent to car park.

Uniforms

All Race Walking Australia event competitors **MUST** wear the uniform of their Club, as registered with Race Walking Australia. Failure to do so may result in disqualification. Competitors not competing in a Race Walking Australia event are also encouraged to wear their Walking Club uniform.

Presentation of Awards

Presentation of awards will take place at the Stromlo at the following times:

Event No. 1 to 10 at 11.45am; and

Event No. 11 to 22 at 4.00pm

Note that perpetual trophies for individual events have been replaced by special commemorative certificates in addition medals/ trophies.

All questions/ queries to lbgcarnival@gmail.com

2024 AUSTRALIAN FEDERATION OF RACE WALKING CLUBS INC. ANNUAL GENERAL CONFERENCE/MEETING

The 2024 Annual General Conference/Meeting of the Australian Federation of Race Walking Clubs Inc. known as Race Walking Australia will be conducted on **Saturday 8th June 2024 commencing at 7.00pm.**

The meeting will be conducted at **Canberra Labour Club Chandler Street Belconnen**

2nd Federation Carnival

Sunday, August 25th, 2024. Middle Park Melbourne
Race Walking Australia Winter Championships
Events from U10's to Masters

RWA to release full details shortly



AMA 20KM WALK POSTAL CHAMPIONSHIPS

Sunday 25th August or agreed date (States and Territories are encouraged to conduct their races between the dates of August 10th and September 8th. The World Championships 20km Walk in Sweden on the 25th August also qualifies as a postal event for the AMA Championships (an entry must still be made!)

Entry Fee \$25 (separate from any local entry fee!)

Entries Close on Sunday 18th August for all entrants or 3 days before an Interstate race held earlier than the 18th.

Venue for SA Entrants: South Parklands, Adelaide Harriers Clubrooms, cnr South Terrace and Peacock Road 10 laps of a 2km loop. Start time in Adelaide is 10am.

Contact: George White gwhite@adam.com.au Mobile 0419 348 888

2024 World Athletics U20 Championships Lima , Peru August 27-31st

The Australian Team for the World Athletics Under 20 Championships has been announced with four race walkers in the team .

Women 10,000m Race Walk Alexandra Griffin (WA), Chelsea Roberts (NSW)

Men 10,000m Race Walk Isaac Beacroft (NSW), Marcus Wakim (VIC)

Also in Lima will be Zoe Eastwood-Bryson (SA, International Race Walking Judge) who has been appointed to the officiating panel.

The Australia's team will complete a camp on the Gold Coast from June 20-23, before flying to Lima, Peru.



**Coast2Coast
International Meet**

Gold Coast Performance Centre, Runaway Bay, Queensland

12th - 14th July 2024

What: A Mid-Winter Track & Field Meet for Athletes

Age groups: Open, U20, U18, U16, male and female

Who: Athletes from the USA, New Zealand, Queensland, Interstate Australia and some Pacific Islands

Hosted by: Gold Coast Victory Athletics Club Inc

Awards: Medals to first three placegetters in each of the three age groups plus relays

Registrations open: Monday, 13th May 2024

Note: Race walking events will be held on Friday July 12th

Entry fee: Early bird (13 May to 2 June) \$27.50 (GST incl) per event

Standard entry (3 June to 2 July) \$36.30 (GST incl) per event

Close of entries: 11:59pm Tuesday 2 July

Late entries (3 July to 5 July) \$60.50 (GST incl) per event – conditions apply

Registrations Link :- Link for Australian athletes will be available from the opening of registrations.

School groups and Overseas groups please contact Peter Hannan on

treasurer@goldcoastvictory.com.au for information regarding group entries.



ENTRIES NOW OPEN

[Enter | Pan Pacific Masters Games](#)

HURRY EARLY BIRD ENDS

31 MAY 2024

\$130 Early Bird
(1 March - 31 May 2024)

\$145 Saver
(1 June - 31 August 2024)

\$155 Standard
(from 1 September 2024)

Draft Track Walk Programme

Friday 8 November, 2024

M30+/W30+ 5000m Race Walk Final

Saturday 9 November, 2024

M30+/W30+ 3000 Metre Race Walk Finals

Confirmed Road Walk Programme

Sunday 10 November 7:00am start

Luke Harrop Cycle Circuit

- The competition circuit will be a 1km loop.
- All participants will start together.
- A First Aid officer will be present. There will be a water station on the circuit.
- Uniforms are not compulsory.
- Age category placegetter medals will be presented at the venue at the conclusion of the competition.
- Parking and toilet facilities are located adjacent to the competition circuit

Age is determined as at race day / Minimum age for competition is 30 years

Age Divisions 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+

Important Update

Athletics – Track & Field at the 2024 Pan Pacific Masters Games will no longer be held at the Gold Coast Performance Centre, Runaway Bay due to major and ongoing track repair following recent storms.

Events Management Qld is working with Queensland Athletics to secure an alternative venue and will provide updates to participants as soon as a venue is secured.

70 DAYS TO GO UNTIL PARIS 2024



Walks Schedule

Thursday August 1st 7:30am 20km Race Walk Men
9:20am 20km Race Walk Women

Wednesday August 7th Marathon Race Walk Mixed Relay with 25 teams, each comprising one male and one female athlete, who will complete in four legs of approximately equal distance. Each athlete will complete two legs of just over 10km each, alternating male, female, male, female.

Note that, in Paris, there will be a cut off time of 3h20m and teams who have not completed the marathon distance will be classified at the position at which they cross the finish line after the cut-off time.

WORLD ATHLETICS RACE WALKING TOUR 2024

18 MAY 2024 XXXVII GRAN PREMIO CANTONES DE A CORUNA DE MARCHA
LA CORUÑA ESP

25 MAY 2024 ZÁHORÁCKA DVADSIATKA BORSKY MIKULÁS SVK

06 OCT 2024 III GRAN PREMIO INTERNACIONAL FINETWORK MADRID MARCHA
MADRID ESP

26 OCT 2024 LUSATIAN INTERNATIONAL RACE-WALKING MEETING ZITTAU
GER

Level 3 Race Walking-specific accreditation course

The QRWC is in discussions with AA about the possibility of the club hosting a Level 3 Race Walking-specific accreditation course this year. Time wise it would be post Olympics, mostly likely October or November.

Not only will this initiative upskill the next generation of race walking coaches it will also be an opportunity for current coaches to advance their qualifications and skills.

To be eligible to undertake the Level 3 course applications will need to hold a Level 2 certification so now is the time to make sure you qualify by doing a Level 1 and Level 2 coaching course if required. Please note that the QRWC can re-imburse your coaching course fees, if required, though our current volunteer education grant.

Coaching Courses Coming Up

18 May 2024 **Level 2 Club Coach** Runaway Bay QLD

12 Jun 2024 **Level 1 Recreational Running Coach** Online QLD

29 Jun 2024 **Level 3 Performance Development Course (Days 1 & 2)** Gold Coast

Handicap Points - What does it all mean?

At the end of the season trophies are awarded to the first three places, male and female, in each grade based on total accumulated points from club Handicap race meets during the season. For each grade the following table indicates the points to be allocated for each week's handicap races for males and females.

| Grade | Start Points | Completed Points | Best Season Performance | Handicap Points |
|-------|--------------|------------------|-------------------------|----------------------|
| A | 8 | 21 | 29 | 57,54,51,48,45,42,39 |
| B | 7 | 17 | 24 | 47,44,41,38,35,32,29 |
| C | 5 | 14 | 19 | 37,34,31,28,25,22,19 |
| D | 4 | 10 | 14 | 27,25,23,21,19,17,15 |
| E | 2 | 7 | 9 | 17,15,13,11,9,7,5 |
| F | 1 | 3 | 4 | 7,6,5,4,3,2,1 |

Starting points are awarded for starting the event.

Completed points are awarded for finishing the race distance.

The **Best Season Performance**. To be awarded handicap points for the best season performance, the member must have competed in a prior Racewalking Queensland or Queensland Athletics road walking event over the same distance during the current winter season.

To be eligible for Handicap Trophies a member must participate in a minimum of 50% of designated Handicap Races during the season.

Handicap points are awarded to the top 7 place-getters within the sealed or non-sealed handicaps as per the above table. The member placed 1st, based on the handicap results, receives the highest points while the member placed 7th, based on the handicap results, receives the least points, thus a member winning the handicap for the A grade men could be awarded a maximum of 115 points.

QRWC Handicap Meets and Points

At the end of the season trophies are awarded to the first three places, male and female, in each grade based on total accumulated points from club Handicap race meets during the season. For each grade the following table indicates the points to be allocated for each week's handicap races for males and females.

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QRWC MEMBERSHIP 2024

The Qld Racewalking Club registration portal is open to athletes who wish to register with QRWC .

[Membership - Qld Race Walking Club - revolutioniseSPORT](#)

Many of our members who have been competing during the track season as a member of QRWC are registered through to the end of September 2024. These athletes are all set for entering winter road walk competitions and the QA Road walk Championships . So no need to take action until the first race portal opens.

New or existing non financial members who wish to join the club and compete in the QA Road Walk Championships are encouraged to register on the RevSport Portal

Of course, for those athletes not wishing to compete at or represent QRWC at QA events (i.e. already registered with other QA clubs , QRWC will retain the current membership options whereby only the QRWC club fee (i.e. \$15 Student/\$25 Non-Student) will apply. This membership can be taken out at any time prior to the start of the QRWC winter season in April 2024.

For these athletes, please email the Registrar if you have any questions or concerns. qrwcregistrar@gmail.com

All QRWC memberships taken out from this point onwards, irrespective of whether a QA membership is also included, will remain valid until September 2024 and will cover the traditional QRWC winter racewalking season.

| | | |
|-----------------------|----------------------------------------------------------|--------------|
| | \$15.00 | Students |
| Membership Fee | \$25.00 | non-students |
| | *club fee on top of Qld Athletics membership (Base \$12) | |

Season Pass

The QRWC Season Pass is a convenient way to not only save some money but to not have the worry about paying race fees with your entry each week. This **Pass, at a cost of \$75**, enables the athlete to compete in up to 16 club meets a season (10 x handicaps, Sign On Day, club road championships, club track championships, Gold Coast Championships, Postal Challenge, & relays).

This Pass does not cover QA, AA, QLA or QMA Championships, Federation carnivals or any other event that is not a QRWC meet. The Pass can be purchased via the Shop on the QRWC RevSport portal.

NON-COMPETING MEMBERS

| VOLUNTEER | COMMITTEE MEMBER | OFFICIAL | COACH |
|----------------------------------------------------------------------------------------|----------------------------------------------------------------------------|-----------------------------------------------|-------------------------------------------------------------------------------------------------------------|
| Club volunteers are always welcome to assist with club operations and competition days | Club committee members are required to be registered members of their club | Officials accredited with Athletics Australia | Coaches may join an athletics club if they are accredited and currently registered with Athletics Australia |

Working with Children Check – Blue Card

Volunteers, committee members, technical officials and coaches are required to have a Blue Card as deemed necessary by their club in accordance with the Queensland Blue Card system. Please refer to your club or www.bluecard.qld.gov.au for more information.

| | | | |
|-------------------|-------------------|-------------------|-------------------|
| \$0 + CLUB FEE | \$0 + CLUB FEE | \$0 + CLUB FEE | \$0 + CLUB FEE |
|-------------------|-------------------|-------------------|-------------------|

NOTE – Additional club membership fees may apply, which varies for each club.

Our Volunteers – We need you to

For all our road walk and track meets we need the help of our members to set up and run the meets in a safe and organised manner. Please feel free to offer your services whether it be as a judge, timekeeper, setting out the course or helping to pack up. All assistance is greatly appreciated. We especially need lap scorers. If you would like to help out, please talk to any member of the Committee.

Everyone who helps out to run our events are volunteers who freely give up their time so that our athletes can race. Please treat them with respect and appreciation at all times and offer to assist them whenever possible. Without judges, timekeepers and lapscorers we don't have a race walk competition we just have a walk and no matter how fast you go your result will not be official or accepted for qualifying purposes. Judges are there to ensure no one gets an unfair advantage and to assist the athletes. If you get a caution or a report, use it as a learning experience. Find out what you have done wrong from the judge and talk to your coach to see if you need to correct your technique. If you do nothing and just blame the judges, then you will never learn or get ahead in the sport.



Racewalking Queensland Management Committee 2024/25

President: P Bennett

Vice President. J-R McRoberts

Secretary: N. McKinven

Treasurer N McKinven

Committee: Shane Pearson, Joanne McRoberts, Claire Chadwick, Jasmine Blackburn, Ignacio Jimenez, Simon Dunleavy

Patrons: Patrick & Maxine Sela

Registrar: S Dale

Handicapper A Guevara / N McKinven

Uniforms: S Dale

Publicity / Media Jasmine Blackburn

Results R Wales / N McKinven

Newsletter Editor: P. Bennett

Equipment Officer. Ignacio Jimenez & Noela McKinven

Canteen Convenor. Vacant, but to be by roster.

Club Captains: Bailey Housden, Phoebe Chadwick

Queensland Athletics Member Protection Policy

As a member of Athletics Australia, Queensland Athletics, an affiliated club or an individual member everyone is required to comply with the Queensland Athletics Member Protection Policy. We are committed to the health, safety and general well-being of all of our members and will work to ensure that everyone associated with our organisation complies with this policy. We would encourage all who are involved in athletics to familiarise themselves and comply with this policy.

You can read the full policy here

<http://www.qldathletics.org.au/Portals/50/General/QA%20Member%20Protection%20Policy%20-%20July%202015.pdf>

All our members, whether an athlete, coach, volunteer official or a parent should be aware of their obligations and responsibilities under these policies.

Who this Policy Applies To

This policy applies to the following, whether they are in a paid or unpaid/voluntary capacity:

- Parents, guardians, spectators and sponsors to the full extent that is possible.
- Individuals appointed or elected to boards, commissions, committees and sub-committees;
- Employees and volunteers; • Support personnel (e.g. managers, physiotherapists, psychologists, masseurs, sport trainers, etc);
- Coaches and assistant coaches (whether or not they are accredited)
- Athletes, coaches, officials and any other personnel participating in any teams, events and activities, including camps and training sessions, conducted or sanctioned by Queensland Athletics • Referees, judges and other officials.
- Members, including life members.
- Member associations and each of its members, including life members.
- Affiliated clubs and associated bodies of Queensland Athletics;
- Peak associations and other State bodies engaged in any form of athletics.
- Any other person or body that is a member of or affiliated to Queensland Athletics.

Code Of Conduct/Behaviour Queensland

Athletics requires every individual and body bound by this policy to: QA Member Protection Policy – July 2015

4.1 Be ethical, fair and honest in all their dealings with other people and Queensland Athletics;

4.2 Treat all persons with respect and courtesy and have proper regard for their dignity, rights and obligations;

4.3 Always place the safety and welfare of children above other considerations;

- 4.4 Comply with Queensland Athletics', Athletics Australia's, the IAAF's, the National and International Olympic and Paralympic Committees' constitution, rules and policies including this Policy;
- 4.5 Operate within the rules and spirit of the sport;
- 4.6 Comply with all relevant Australian laws (federal and State), particularly anti-discrimination and child protection laws;
- 4.7 Be responsible and accountable for their conduct; and
- 4.8 Abide by the relevant specific Codes of Conduct referred to in Part B of this Policy.

Race Walk Coaching

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

Noela McKinven Walks Level 4
Robyn Wales Walks Level 3
Shane Pearson Walks Level 3
Steve Langley Walks Level 2
Jasmine-Rose McRoberts Level 2 Club coach
Argenis Guevara Level 1
Katya Martin Level 1

Contact emails:

qrwc1@optusnet.com.au Membership, coaching or general enquiries about the club
racewalkqld@outlook.com Articles for the newsletter, to send in results, to join newsletter mailing list.

About us

Racewalking Queensland conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.

For news and information on the Australian Federation of Race Walking (Racewalking Australia) and the member clubs go to www.rwa.org.au

RWA Facebook page <https://www.facebook.com/racewalkingaustralia/>